



Research Article

Comparative Study on Major and Trace Mineral Content of Edible and Eggshell Powders from Ethiopian Local and Exotic Breed Chicken Eggs

Esayas Abrha^{1*} and Zerihun Asefa²

^{1,2}Ethiopian Institute of Agricultural Research (EIAR), Holeta Agricultural Research Center P.O.BOX 2003 Addis Ababa, Ethiopia

*Corresponding author: esayasabrha@gmail.com; esayas.abrha@eiar.gov.et

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ABSTRACT

In this study, the effect on the mineral content of eggs from local and exotic breed hens was investigated. For this study, random samples were collected from the Ethiopian Institute of Agricultural Research, Debrezeit Agricultural Research Center, and Fresh Corner Poultry Farming Debrezeit, Ethiopia for the exotic and local breed eggs respectively. Eggshells and edible portion of the egg were analyzed for Calcium (Ca), Potassium (K), Phosphorus (P), Sodium (Na), Magnesium (Mg), Iron (Fe), Zinc (Zn), Manganese (Mn), and Copper (Cu) contents. The Phosphorus and Zinc contents of the edible egg portion were higher in the local breed eggs than in exotic breed eggs. Calcium and Magnesium content of the eggshell was higher in local breed eggs while Zn content showed a marked decrease. As far as Potassium, Magnesium, Sodium Phosphorus, and Copper values were concerned, these did not differ between the eggs from local and exotic breed types. The present finding provides sizeable differences in mineral content between the eggs from the local and exotic breed hens. The results afford a point of departure measurements of major and trace mineral contents of eggs and suggest quantifiable differences amid eggs from hens in different husbandry systems, and hens breed types. The physiological significance of those differences is discussed. But future studies should elucidate differences observed by crossbreed types, diet effect, and husbandry system. Drying eggs can be a workable food systems intervention that can mend the wellbeing and eminence of diets in low-income countries like Ethiopia.

Key words: Egg, Hen, Mineral Content, Local breed, Exotic breed, Food System, Low-income

INTRODUCTION

Currently, the knowledge on the inorganic composition of local and crossbreed chicken eggs is exceedingly compulsory for different dedications; these take account of the guesstimate of accumulation of venomous species from the intensive and extensive hen rearing systems (Pappas *et al.*, 2006), the protagonist of egg composition for embryonic development (Surai, 2002) and the contribution of egg composition in human nutrition (Pappas *et al.*, 2006). To the extent that the consumption of eggs by human beings is concerned; chicken eggs are increasingly recognized as an imperative source of nutrients including major and trace minerals (Surai and Sparks, 2001). Eggs and components of an egg are widely used as ingredients in the food industry because of their nutritional, functional, and sensory qualities. They are mainly interesting because of their nutritional quality such as high-quality proteins, lipids, vitamins, and minerals (Walker *et al.*, 2012).

In Ethiopia context, eggs are recognized by nonprofessional consumers in the class of; 'i) the smaller eggs with deep-yellow colored yolk known as Habesha (local) egg, and; ii) the larger eggs with lighter yellow yolk known as Ferengi eggs and obtained from imported breeds (exotic) egg' (Abreha *et al.*, 2021). Despite this differentiation and consumer preference for the local breed egg, petite information exists about the difference in the nutritional and techno-functional composition of these two egg types, and how they are impacted by drying techniques and breed type variation. Such information is timely and can inform food systems' interventions that aim to improve the adoption of healthy diets.

The quality of food products has received great attention due to their influence on human nutrition and health. In this context, the determination of trace minerals in foods has become an important field in food analysis (Demirel *et al.*, 2008; Reyes and Campos, 2006; Tuzen and Soylak, 2007). However, the truthful determination of trace

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elements in hen eggs is still an analytical encounter, due to their stumpy concentration level and the complications that arise from milieu characteristics. Many clients in Europe have faith that eggs instigated from free-range or organic farms taste superior, have an advanced nutritional value, and can be valuable for human health (Rodić *et al.*, 2006). In the face of the substantial interest in the mineral composition of chicken eggs from many standpoints, data on the levels of major and trace elements in eggs of various types of husbandries are inadequate.

Flame atomic absorption spectrometry (FAAS) is a powerful detection technique for determining nutritionally beneficial elements. The advantages of flame atomic absorption spectrometry include well-known interferences, low operator skill required for operation, and comparatively low cost of instrumentation and maintenance (Welz and Sperling, 1999). One drawback, however, is the sample pre-treatment which is a compulsory step for determining trace minerals in multifaceted matrices such as eggs. Due to its high viscosity and content of organic matter, direct egg analysis is particularly difficult.

Therefore, this study aimed to assess the difference among major and trace mineral composition of whole egg and eggshell from Ethiopian local and exotic breed hens by making the edible and egg-shell to a powder form using a suitable drying technology. A baseline dataset of the major and trace mineral content of edible and egg-shell has also been established.

MATERIALS AND METHODS

Raw Materials: Egg Sample Collection and Preparation

Chicken eggs (*Gallus Gallus*) from exotic breeds (n = 150) and local breeds (n = 150) were obtained from the poultry research program at Debrezeit Agricultural Research Center, Ethiopian Institute of Agricultural Research and from fresh corner private poultry farm, at Debrezeit, Ethiopia respectively. The eggs were all three days old and their freshness was further checked using candling techniques (Sebastián *et al.*, 2018). This simple test has faith in the principle that as eggs age, the shell comes to be more porous consenting air to flow through making the air cell larger. After screening for freshness, the eggs were washed, broken, and de-shelled manually following aseptic procedures. The liquid whole egg (yolk and egg white) was homogenized, pasteurized in a water-bath at 70°C for 3 min. Finally, the whole egg liquid and egg-shell were oven-dried using ventilated oven drier.

Reagents and Chemicals

Analytical reagents-grade chemicals were used in the preparation of all solutions. Entirely the plastic and glassware were gutted by soaking in dilute nitric acid (1 + 9) and were sluiced with distilled water before use. Nitric acid (65 %), and (30 %) hydrogen peroxide were supplied by Merck (Germany). Sodium (Na), potassium (K), calcium (Ca), magnesium (Mg), zinc (Zn), iron (Fe), manganese (Mn), and copper (Cu) standard solutions (1000 mg L⁻¹) were obtained from the Ethiopian Institute of Agricultural Research (EIAR, Ethiopia) and diluted as necessary to obtain working standards.

Instrumentation/ Procedure

All measurements were carried out using an Agilent 240 AA series (Agilent, USA) model Agilent 240 atomic absorption spectrometer equipped with Spectra AA (Agilent, Australia) hollow cathode lamps as the radiation source. Acetylene–air and acetylene–nitrous oxide flame was used; the gas flow rates and the burner height were adjusted to obtain the maximum absorbance signal for each element. Other instrumental parameters were set to the values shown in (Table 1).

Drying

Oven drying: Oven drying of the edible egg and eggshell was carried out according to (Abreha *et al.*, 2021) in a ventilated oven at 44 °C in place of 6 h. (DHG- 9123A Michel, England). The dried whole egg and eggshell were permitted to cool; the flakes were bundled, pulverized using a coffee grinder (FW 100, China), and put through a sieve to card over and done with a 60 mm mesh. The resultant edible egg powder and eggshell powder were bagged in self-seal polyethylene bags and were stored at -8°C in anticipation of further analyses.

Mineral Analysis

The concentration of the major minerals (calcium, potassium, sodium, magnesium, and phosphorus) and trace minerals (iron, zinc, copper and manganese) was determined using the official method of AOAC, (Horwitz, 2010) code 923.03 in edible egg and eggshell portions. Briefly, 1 g of edible and eggshell powder was ashed using a muffle furnace (Carbolite, Aston Lane, Hope, Sheffield s30 2RR, England) at 550°C for 4 h. The ash was liquefied in 5 mL of 6M HCl. Subsequently, 15 mL of 3M HCl was added and heated till the solution boiled. The assimilated sample was cooled, filtered, and adjusted to the required volume using distilled water. The mineral concentration was determined using a flame atomic absorption spectrophotometer (AAS 4200, Agilent, USA).

$$\text{Mineral Content (mg/kg)} = \left(\frac{(R-b) \cdot TV \cdot df}{S_{wt}} \right) \quad (1)$$

Whereas, R-Sample Reading B-blank reading Tv-total volume of aliquot extracted (50mL) Df-dilution factor when sample concentration above the calibration carve the sample concentration diluted by distilled water, S_{wt}-sample weight used for analysis.

Phosphorus was determined using a UV-Vis spectrophotometer (JANEWAY 6300, UK) at 690 nm, according to the AOAC method (AOAC 965.17) (Latimer, 2016).

$$\text{Phosphors (mg/kg)} = \left(\frac{(R-b) \cdot TV \cdot df}{S \cdot Aliq} \right) \quad (2)$$

Whereas, R-Sample Reading B-blank reading Tv-total volume of aliquot extracted (50mL) Df-dilution factor when sample concentration above the calibration carve the sample concentration diluted by distilled water, S_{wt}-sample weight used for analysis, and Aliq-sample aliquot used for reading.

Statistical Analysis

Results were expressed as major and trace minerals mean values ± standard deviation, separately for edible egg portion and eggshell. Comparisons between the two egg types and egg components (whole egg and eggshell) were made using an independent t-test. P-values < 0.05 were

considered statistically significant. All analyses were accompanied in triplicate and were analyzed through SPSS software version 22.0 (SPSS Inc. Illinois, USA).

RESULTS AND DISCUSSION

The examination of major and trace minerals in eggshell powder and whole egg powder samples was determined by the FAAS method. All major and trace minerals measurements were carried out using the Agilent Flame Atomic Absorption Spectroscopy Method (Model: Agilent 4200, USA, Serial number: MY15400002, and product number: G8431A) and the Flame Atomic Absorption Spectrophotometer operating conditions are listed in (Table-2).

The macro-mineral composition of the whole egg powder such as calcium, magnesium, potassium, sodium, and phosphorus was analyzed and results were given in (Table 3). Some of the minerals are not disaggregated by egg type as this does not affect mineral content. Certainly, no significant differences between egg powders for oven-dried, local and exotic breed eggs were observed for magnesium, potassium, sodium, and phosphorus. While for the oven-dried whole egg only calcium was significantly higher in the egg powder for local than exotic breed at $P < 0.05$. Irrespective of the egg type difference edible egg portions were comprising higher potassium and sodium mineral content.

The micro-mineral composition of the whole egg powder such as Iron, Zinc, Manganese, and copper was analyzed and results were presented (Table 3). There are no significant differences between egg powders from local and exotic breeds were observed for copper. Meanwhile iron, zinc, and manganese were however significantly different in the egg powder from the local breed than the exotic breed ($P < 0.05$). The iron, zinc, and manganese content was significantly higher in the egg powder from the local than exotic breed egg-types, whereas copper was not significantly different for the local and exotic egg-types statistically at $P < 0.05$.

The elements such as calcium, potassium, sodium, magnesium, phosphorus, iron, manganese, zinc, and copper of the eggshell powders were analyzed and results were given in (Table-4). Among the major mineral contents, calcium and potassium were showing a significant difference on eggshell powders statistically at $p < 0.05$. While, for magnesium, sodium, and phosphorus no significant difference was observed for the local and exotic breed eggshell powders. Calcium has shown higher on eggshell powder than the respective major minerals, and this proves eggshell has been taken as a good source of calcium.

The eggshell powder has comparatively lower trace minerals in comparison with major minerals. Local breed eggshell powders have significantly higher in iron, zinc, and manganese than exotic breed eggshell powders statistically at $p < 0.05$. Whereas, no significant variation was observed in copper content for local and exotic breed eggshell powders. Among the trace mineral content on eggshell, powder iron was showing higher value in contrast with those zinc, manganese, and copper. In eggshell powders, calcium and magnesium were highest.

Determination of trace minerals in eggs can become an important tool for nutritionists and environmentalists. Our

current study was designed to deliver a baseline of the composition of domestic avian and exotic breed eggs in major and trace minerals; such information had been previously lacking extensively. There has been some information on individual major and trace mineral content, especially for chicken eggs due to their relative importance. To the extent that the feasting of eggs by humans is concerned, chicken eggs are recognized increasingly as an imperative source of nutrients, including micro minerals (Surai and Sparks, 2001). Currently, there is extensive interest in the trace mineral composition of eggs of hens from the viewpoints of human health (Kiliç *et al.*, 2002).

Our findings for major and trace element levels for the different local and exotic breed eggs could be compared to individual major and trace mineral levels reports in the literature. The eggshell has remarkably taken as high a content of calcium and magnesium as the edible egg portion. In the meantime, potassium, iron, zinc, and phosphorus were higher in the edible egg portion.

The edible egg portion has taken as a competent source of iron, zinc, potassium, and calcium in addition to its good potential for its protein and fat sources. Indefinite fact, it is painstaking that the content of standard grain-based diets may not be enough to accomplish the 'ideal' concentration of trace elements in the egg (Surai, 2002), but, interestingly some authors (Sparks, 2006; Surai and Sparks, 2001) have suggested that concentration of certain trace elements of eggs can be modified through the diet. Such augmented or invigorated eggs could be used to progress in cooperation with human nutrition and chick embryo viability.

The significant difference in mineral content of local and exotic breed eggs might be due to the difference in the rearing system of hens, and feed types. Our assumption was in agreement with arguments by (Küçükyılmaz *et al.*, 2012; Matt *et al.*, 2009) egg mineral contents showed variable responses to the hen rearing systems. Several investigations have shown that macro elements including calcium, phosphorus, and magnesium are provided by both feed ingredients and supplemental mineral rocks, such as limestone and dicalcium phosphate. (Küçükyılmaz *et al.*, 2012; Lichtenstein, 1948) mentioned that, from the edible egg portion egg yolk has a large store of calcium that was generously being used for human nutrition.

Chicken eggs are ever more recognized as an important cradle of nutrients, including micro minerals. The food and drug administration regulations require nutrition labeling for most foods. Daily intake reference for some essential elements of human nutrition and daily reference values have been established, namely: Calcium (1000 mg), Copper (2 mg), Iron (18 mg), Potassium (3500 mg), Magnesium (400 mg), Manganese (2 mg), Phosphorus (1000 mg) and Zinc (15 mg) (Dolan and Capar, 2002). Hence the measurements of major and trace minerals are as well very helpful in the assessment of the quality of egg powder during production in manufacturing industries.

To some extent, the nonexistence of information on the composition of chicken eggs in other micro minerals in the literature, despite the increased interest in it, reflects mainly the teething troubles in determination methods. With its limitations, atomic absorption spectroscopy was widely used in the determination of the micro minerals in various food types. The study of (Kirkpatrick and Coffin, 1975) have measured that, the concentration of trace minerals through the use of atomic absorption spectroscopy.

Table 1: Instrumental conditions and operating parameters setting

Nebulizer	Bergner PEEK MiraMist	Auto integration	5-10 sec (Min-Max)
Spray chamber	cyclonic	Data processing model	Peak area
RF power	1200 W	Read delay	10 sec
Flame type	Air-Acetylene	Rinse delay	10 sec
Nebulizer acetylene flow	2 ml/min	replicates	3
Nebulizer airflow	10 ml/min	Oxidant	Air/ Nitrous Oxide
Sample uptake rate	Tube valve	Energy source	Hallo-Cathode lamp

Table 2: Calibration summary of the operating conditions

Element	Wave length (nm)	standards	Equation	Intercept	Slope	Corr. Coef.
Calcium (Ca)	422.7	5	Linear	0.6248	46.3860	0.9989
Potassium (K)	766.5	5	Linear	0.2565	9.6473	0.9944
Magnesium (Mg)	285.2	5	Linear	1.0710	5.0619	0.9701
Sodium (Na)	589.0	5	Linear	0.3272	3.7121	0.9948
Phosphors (P)	660.0	5	Linear	0.8946	11.9842	0.9909
Iron (Fe)	248.3	5	Linear	1.3882	30.5330	0.9887
Zinc (Zn)	213.9	5	Linear	0.2934	1.8539	0.9756
Manganese (Mn)	279.5	5	Linear	0.8940	12.1510	0.9915
Copper (Cu)	324.8	5	Linear	0.2548	11.9220	0.9997

Table 3: Macro- and trace- mineral composition of edible egg powder from Ethiopian local and exotic egg types

Mineral content estimation in dehydrated egg powder by FAAS					
Element	Wavelength (nm)	Results mg/kg of edible egg powder (dry basis)			Detection limit (ppm)
		Local egg	Exotic egg	P-value	
Calcium (Ca)	422.7	197.0 ± 0.15	120.0 ± 0.10	0.002	0.001 mg/L
Potassium (K)	766.5	696.0 ± 0.23	686.0 ± 0.04	0.516	0.003 mg/L
Magnesium (Mg)	285.2	121.0 ± 0.17	115.0 ± 0.01	0.053	0.0003 mg/L
Sodium (Na)	589.0	521.0 ± 0.34	494.0 ± 0.02	0.263	0.0002 mg/L
Phosphors (P)	660.0	185.0 ± 0.07	177.0 ± 0.1	0.325	0.004 mg/L
Iron (Fe)	248.3	17.3 ± 0.37	11.8 ± 0.14	0.049	0.006 mg/L
Zinc (Zn)	213.9	1.36 ± 0.25	1.09 ± 0.17	0.043	0.001 mg/L
Manganese (Mn)	279.5	0.25 ± 0.26	0.19 ± 0.23	0.039	0.002 mg/L
Copper (Cu)	324.8	0.37 ± 0.01	0.39 ± 0.02	0.071	0.003 mg/L

Table 4: Macro- and trace- mineral composition of eggshell powder from Ethiopian local and exotic egg types

Mineral content estimation in eggshell powder by FAAS					
Element	Wavelength (nm)	Results mg/kg of eggshell powder (dry basis)			Detection limit (ppm)
		Local egg	Exotic egg	P-value	
Calcium (Ca)	422.7	8256.0 ± 5.12	5819.0 ± 1.53	0.001	0.001 mg/L
Potassium (K)	766.5	236.0 ± 0.14	181.0 ± 0.20	0.018	0.003 mg/L
Magnesium (Mg)	285.2	672.0 ± 0.34	550.0 ± 0.77	0.066	0.0003 mg/L
Sodium (Na)	589.0	127.0 ± 0.08	108.0 ± 0.11	0.075	0.0002 mg/L
Phosphors (P)	660.0	65.0 ± 0.02	69.0 ± 0.06	0.358	0.004 mg/L
Iron (Fe)	248.3	6.46 ± 0.40	5.41 ± 0.25	0.015	0.006 mg/L
Zinc (Zn)	213.9	0.33 ± 0.01	0.17 ± 0.01	0.003	0.001 mg/L
Manganese (Mn)	279.5	0.58 ± 0.01	0.36 ± 0.01	0.019	0.002 mg/L
Copper (Cu)	324.8	0.34 ± 0.05	0.35 ± 0.04	0.617	0.003 mg/L

Table 5: Macro- and trace- mineral composition of eggshell powder from Ethiopian local and exotic egg types

Mineral content estimation in dehydrated egg powder and eggshell by FAAS					
Element	Egg type	Wavelength (nm)	Results mg/kg of whole egg powder (dry basis)		Detection limit (ppm)
			Whole egg powder	Eggshell powder	
Calcium (Ca)	Local	422.7	197.0 ± 0.15 ^{aA}	8256.0 ± 5.12 ^{aA}	0.001 mg/L
	Exotic		120.0 ± 0.10 ^{bB}	5819.0 ± 1.53 ^{aB}	
Potassium (K)	Local	766.5	696.0 ± 0.23 ^{aA}	236.0 ± 0.14 ^{bA}	0.003 mg/L
	Exotic		686.0 ± 0.04 ^{aA}	181.0 ± 0.20 ^{bB}	
Magnesium (Mg)	Local	285.2	121.0 ± 0.17 ^{bB}	672.0 ± 0.34 ^{aA}	0.0003 mg/L
	Exotic		115.0 ± 0.01 ^{bB}	550.0 ± 0.77 ^{aA}	
Sodium (Na)	Local	589.0	521.0 ± 0.34 ^{aA}	127.0 ± 0.08 ^{bB}	0.0002 mg/L
	Exotic		494.0 ± 0.02 ^{aA}	108.0 ± 0.11 ^{bB}	
Phosphors (P)	Local	660.0	185.0 ± 0.07 ^{aA}	65.0 ± 0.02 ^{bB}	0.004 mg/L
	Exotic		177.0 ± 0.1 ^{aA}	69.0 ± 0.06 ^{bB}	
Iron (Fe)	Local	248.3	17.3 ± 0.37 ^{aA}	6.46 ± 0.40 ^{bA}	0.006 mg/L
	Exotic		11.8 ± 0.14 ^{aB}	5.41 ± 0.25 ^{bB}	
Zinc (Zn)	Local	213.9	1.36 ± 0.25 ^{aA}	0.33 ± 0.01 ^{bA}	0.001 mg/L
	Exotic		1.09 ± 0.17 ^{aB}	0.17 ± 0.01 ^{bB}	
Manganese (Mn)	Local	279.5	0.25 ± 0.26 ^{bA}	0.58 ± 0.01 ^{aA}	0.002 mg/L
	Exotic		0.19 ± 0.23 ^{bB}	0.36 ± 0.01 ^{aB}	
Copper (Cu)	Local	324.8	0.37 ± 0.11 ^{bA}	0.34 ± 0.05 ^{bB}	0.003 mg/L
	Exotic		0.39 ± 0.02 ^{aA}	0.35 ± 0.04 ^{aB}	

Values are given as mean + SE (n=3). The different lowercase letters in the same raw and different capital letters in the same column within the same parameter denote a significant difference (P < 0.05) using the student's independent t-test.

Conclusions

To our knowledge, this is the first study analyzing the major and trace mineral content of local (Habesha) eggs and comparing it to exotic eggs for which data is ample. As such the present study has several strengths and limitations, our study shows that the content of numerous major and trace elements in eggs of the local and exotic breed species can be readily measured through the Flame Atomic Absorption Spectroscopy methodology and that these vary considerably among the breed species. The measurements can afford us baseline information on the composition of several eggs and the range of major and trace element levels that naturally occur in different breeds. The study could not, however, analyze all relevant major and trace mineral contents because of technical and financial constraints. Additional investigations hooked on how different dietary intakes of trace elements upset egg composition is now warranted and the same practice can be castoff for this perseverance. Such inquiries would also offer extra information on the trace element requirements for fowls of different species.

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List of Symbols

AOAC	Association of Official Analytical Chemists
Corr. Coef.	Correction Coefficient
FAAS	Flame Atomic Absorption Spectroscopy
nm	Nano Meter
ppm	Parts Per Million
UV-Vis	UV-Visible Spectroscopy

ORCID

Esayas Abrha <https://orcid.org/0000-0001-9433-1377>

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